BCSS GYMNASTICS CHAMPIONSHIPS Revised SCHEDULE OF EVENTS Windsor Secondary School, North Vancouver MAR 9-11, 2023

THURS MAR 9, 2023

6.00 - 6.30 and Annyais/Assemble for Opening Ceremonies	8:00 - 8:30 am	Arrivals/Assemble for Opening Ceremonies
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8:30 Opening Ceremonies

9:00 am General Warm up
9:30 – 12:30 pm Competition
12:45 pm Awards in Small Gym

SESSION 2 GIRLS Level 2

1:00 pmGeneral Warm up1:30 – 5:00 pmCompetition5:15 pmAwards in Small Gym

8:00 – 9:30 BCSSGA AGM/Coaches Meeting

Windsor small gym

FRI MAR 10, 2023

SESSION 3

8:30 am

8:55 – 12:00 am

12:15 pm

GIRLS Levels 4-5

General Warm up

Competition

Awards in Small Gym

SESSION 4 GIRLS Level 3

12:45 pm General Warm up 1:10 – 5:00 pm Competition 5:15 pm Awards in Small Gym

7:00 – 10:00 Athlete banquet and dance

Windsor Secondary – multipurpose area adjacent to the gym

SAT MAR 11, 2023

SESSION 5 GIRLS Senior Level 1
8:30 am General Warm up
8:50 – 10:15 am Competition
10:30 am Awards in Small Gym

SESSION 6 GIRLS Junior Level 1

10:30 am General Warm up

10:50 – 1:00 pm Competition

1:00 pm Equipment pack-up

2:00 pm Individual Awards and Combined Team Awards in Large Gym