**2018 Okanagan Regional High School Swim Meet**

**Valley Rep**: Graham Gale, Revelstoke Secondary.

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**Meet Manager**: Jacki Kliever, Penticton Secondary School

Phone: 250-770-1474 Email: [j\_kliever@yahoo.ca](mailto:j_kliever@yahoo.ca)

1. **DATE:**  Sunday, October 28th, 2018**.**

Warm-up 11:00 a.m. Events 12:05 p.m. – approximately 4:30 p.m.

2. **VENUE**: Penticton Community Centre Pool, 325 Power St., Penticton, BC

3. **CLASSIFICATION OF COMPETITORS AND RULES**

As outlined in the BC School Sports Handbook & Directory (Aquatics) and the Aquatic’s website (http://www.bcschoolsports.ca).

4. **MEET RULES**: •

4.1 Swim meet rules governing the meet will be SwimBC rules.

4.2 All swimmers should be entered with entry times. The meet secretary will not contact coaches who enter swimmers with no times.

4.3 The meet will run cardless. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.

4.4 The no false start rule will be in effect.

4.5 Swimmer’s grade must be included in the entry.

4.6 Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.

4.7 Mixed Relays may only include two females and two males (from same school)

4.8 **Each swimmer is allowed six swims** (which includes relays.) No more than four individual events and no more than four relay events per swimmer. Provincial qualifiers are only allowed four swims at the provincial championships (including being listed as an alternate on relays**). Maximum four swimmers per school in any one event** with the exception of **unlimited numbers in the 50 free.**

4.9 **Swimmers must be grade 8 or higher**. (Grade 7’s may swim as exhibition ; these athlete need to be clealy marked in the entries) Athletes must swim for their own school even if it is a team of one.

4.10 **Entries** must be submitted by email to the meet manager ([j\_kliever@yahoo.ca](mailto:j_kliever@yahoo.ca)) by 6:00 pm on Monday, October 22, 2018. We will email the psych sheet and team invoices to coaches/sponsors shortly after the entry deadline.Bring a cheque made out to **Penticton Secondary School** to the meet.

5. **BC CHAMPIONSHIPS**

The top 3 entries in each event qualify for the B.C.’s. The championship meet will be held November 16-17, 2018 at Watermania in Richmond. Provincial meet information is available at http://www.bcschoolsports.ca/events/aquatics-provincials

ENSURE THAT STUDENTS ARE AWARE OF THE PROVINCIAL MEET. AT THE ZONE CHAMPIONSHIPS QUALIFIERS AND ALTERNATES MUST BE PREPARED TO DECLARE WHETHER OR NOT THEY WILL BE TRAVELLING TO RICHMOND FOR THE PROVINCIAL CHAMPIONSHIPS. This year a $50 empty lane fee will be charged to schools for swimmers that do not show up to their races without scratching.

6. **BC SCHOOL SPORTS** **REGISTRATION –**

**Oct. 3, 2018 Team (Fall) Declaration deadline with BCSS**

**October 17, 2018 Roster Registration deadline (Fall) for BCSS Aquatics.**

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each swimmer is registered on their school swim team.

**BC SCHOOL SPORTS COMPETITIVE DESIGNATIONS -- SWIMMING:**

**A Category**​**:**

●  **\*New\*: Any swimmer with an SNC number who has competed in a Winter Swim Meet as of September 1 of the previous year is classified as an A category swimmer.**

●  Swim academy athletes must participate in in the A category only

●  B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category

**B Category**​:

●  As of January 1s​ t​ of the championship year, a B Category swimmer trains and competes from May 1s​ t​ to Sept. 1st with no restrictions

●  From Sept. 2n​ d​ to April 30t​ ​h​ a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. They may not compete in a Winter Swim Meet with an SNC number.

●  Any swimmer in the ‘A’ category who is registered in a ‘B’ event will be disqualified from the Meet. This includes relay teams.

●  B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex“A” 200 Free Relay OR “B” 200 Free, but not both).

**Para Category:** A documented Para swimmer can compete in any BCSS event with no classification or SNC number. He or she will be placed in order of finish by gender.

7. **TEACHER SPONSOR AND VOLUNTEERS**

Each team must be accompanied by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming. **A representative from each school (ie. Coach or teacher) must attend a meeting immediately following the meet to determine who will be advancing to the provincial championships.**

All schools are responsible for having two volunteer timers working throughout the day. You may arrange shifts for your own volunteers.

8. **ENTRY FEES**: Individual events $5.00 Relay events $10.00

9. **SCRATCHES/DECK ENTRIES**: Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers. Deck entries and changes are not permitted. There is no refund for scratches after the entry deadline has passed.

10. **ENTRIES:** Swim meet entries will be done with HYTEK software, either Team Manager Lite (free, downloadable from HYTEK) or Team Manager. A Hytek load file will be emailed to coaches/sponsors. Entries must include Grade and entry time, and must be submitted by email to the Meet Manager no later than 6:00 pm on Monday, October 22, 2018.  **Please include these details in the body of your email when sending your Hytek entries:**

SCHOOL NAME(S),

SCHOOL PHONE #:

COACH/SPONSOR NAME:

COACH’S EMAIL:

TWO VOLUNTEER TIMERS NAMES:

11. **AWARDS AND SCORING**

Ribbons to 6th place.

Individual points: 10 8 6 5 4 3 2 1

Relay points: 20 16 12 10 8 6 4 2.

12. **MEET VOLUNTEER TIMER INFORMATION (Parents or Students)**\*\*Every school must have a minimum of 2 timers working at any one time during the meet.

\*\* 13. **EVENTS** The events will be ordered according to the event numbers below. All Events will be swum as timed finals.

**BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIP**

**ORDER OF EVENTS**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Event #** | **Event** | **Category** |  | **Event #** | **Event** | **Category** |
| **1**  **2**  **3**  **4**  **5**  **6**  **7**  **8**  **9**  **10**  **11**  **12**  **13**  **14**  **15**  **16**  **17**  **18**  **19**  **20**  **21**  **22**  **23** | 200 Medley Relay  200 Medley Relay  200 Medley Relay  200 Medley Relay  50 Freestyle  50 Freestyle  50 Freestyle  50 Freestyle  50 Freestyle  50 Backstroke  50 Backstroke  50 Backstroke  100 Backstroke  100 Backstroke  400 Free Relay  400 Free Relay  400 Free Relay  400 Free Relay  50 Breaststroke  50 Breaststroke  50 Breaststroke  100 Breaststroke  100 Breaststroke | Girls B  Boys B  Girls A  Boys A  PARA  Girls B  Boys B  Girls A  Boys A  PARA  Girls B  Boys B  Girls A  Boys A  Girls B  Boys B  Girls A  Boys A  PARA  Girls B  Boys B  Girls A  Boys A |  | **24**  **25**  **26**  **27**  **28**  **29**  **30**  **31**  **32**  **33**  **34**  **35**  **36**  **37**  **38**  **39**  **40**  **41**  **42**  **43**  **44**  **45**  **46** | 100 Freestyle  100 Freestyle  100 Freestyle  100 Freestyle  100 Freestyle  200 Mixed Medley Relay  200 Mixed Medley Relay  50 Butterfly  50 Butterfly  50 Butterfly  100 Butterfly  100 Butterfly  200 Mixed Free Relay  200 Mixed Free Relay  100 I.M.  100 I.M.  100 I.M.  200 I.M.  200 I.M.  200 Free Relay  200 Free Relay  200 Free Relay  200 Free Relay | PARA  Girls B  Boys B  Girls A  Boys A  B  A  PARA  Girls B  Boys B  Girls A  Boys A  B  A  PARA  Girls B  Boys B  Girls A  Boys A  Girls B  Boys B  Girls A  Boys A |